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12 STEPS TO EXAM EXCELLENCE WORKBOOK



6 biggest mistakes in exam —— preparation



| | Mistake | * |
|----|---------|----------|
| 1. | | |
| 2. | | |
| 3. | | |
| 4. | | |
| 5. | | |
| 6. | | |

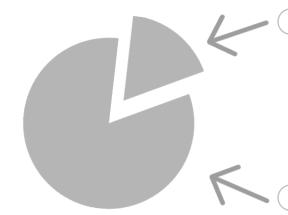
Number of areas for immediate improvement:





7 steps for preparation — elevent excellence





Exam Room = 20%

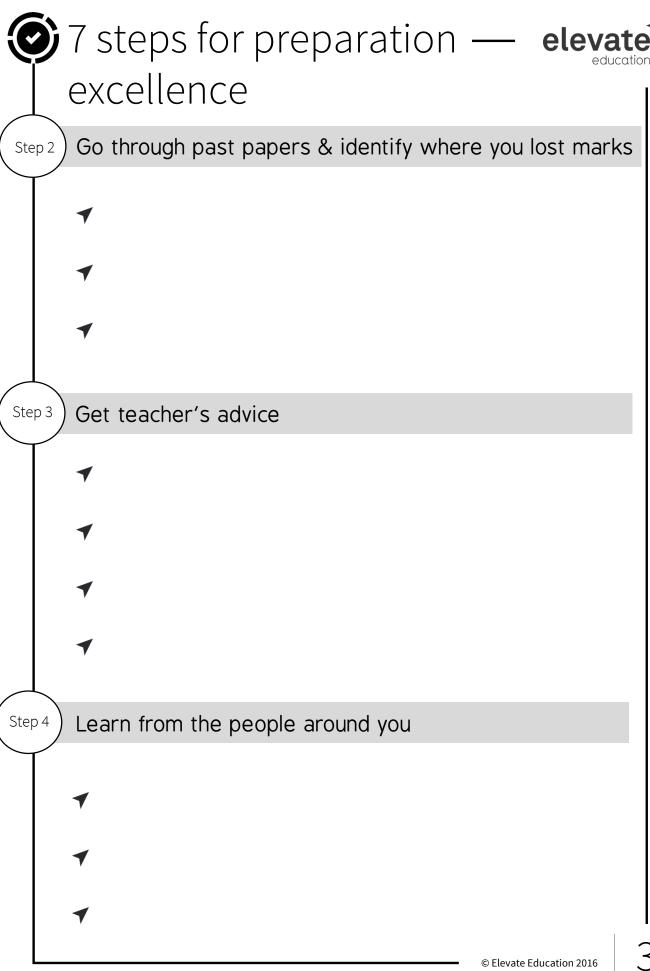
Preparation = 80%

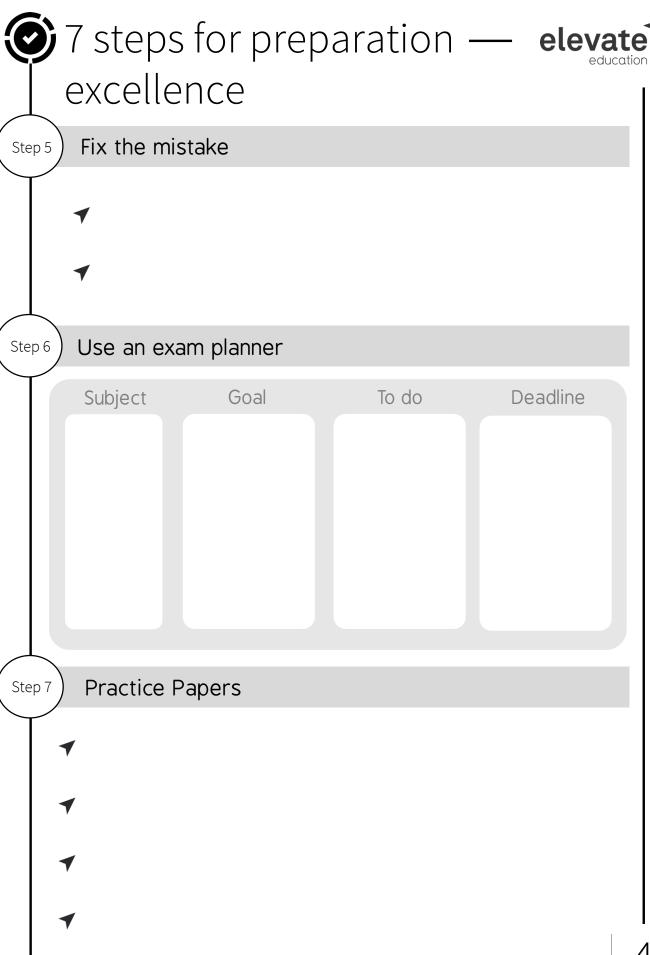
Our research has shown that only 20% of your success comes down to the tricks and techniques you can adopt in the exam room. 80% of your success comes down to how you prepare.

Step 1

Give yourself adequate time to prepare

- 1
- 1
- 1
- 1







Staying organised before exams

Research shows that most students prepare for exams in an unstructured manner, which results in students often leaving the highest value work until too late. By using an exam planner, we can map out exactly what needs to be done in preparation for exams and split that preparation into specific tasks (as in column 3 of the exam planner). We can then assign deadlines to each task so that we ensure everything gets done on time. See an example below for Biology.

| Subject | Goal | To do | Deadline |
|---------|------|--------------------|----------|
| Biology | 85% | Learn definitions: | |
| | | -create glossary | -07/09 |
| | | -memorise it | -09/09 |
| | | -definition test | -10/09 |
| | | | |
| | | | |
| | | 4 past exams: | |
| | | -exam 1 (open) | -12/09 |
| | | -exam 2 (open) | -14/09 |
| | | -exam 3 (closed) | -16/09 |
| | | -exam 4 (exam) | -20/09 |
| | | | |
| | | | |



Download a an exam planner from the Student Portal at www.elevateeducation.com



3 steps to exam room — excellence



Do you do any of these things before /in an exam?



- 1. Do you study outside the exam room?
- 2. Do you hang around with everyone else outside the exam room?
- 3. Do you stress out before or at the start of the exam?
- 4. Do you ever spend too much time on certain sections of the exam?
- 5. Do you ever walk out of the exam room saying, "why did I leave that out" or "I wish I had put that in my essay?
- 6. Are you a 'regurgitator'; you give the examiner every single thing you know?

Step 1) Stay calm

- 1
- 1

In Hold Out



3 steps to exam room — excellence



Step 2

Ration your time

Each mark =



How long would you spend on the following questions?

4 marks minutes.

6 marks = minutes.

10 marks =minutes.

Step 3

Consider all answers