



Your Turn

A goal is often compared to a target. But it's not. A target implies something that we would like to do or hit – it's sort of like a wish. However, to be compelling enough to get you sit to down and work, a goal needs to be more than this. We need to have an emotional connection to it - it needs to be something we actually want.

The following exercise will walk you through how to set a goal, but more importantly, how to create a strong emotional connection to that goal. Work through the exercise and make sure you are being completely honest. Don't be afraid to set yourself high goals and indulge your largest aspirations. This isn't a question of "where do I think I will end up?" but "where do I want to end up?"

Think about career choices, university courses and what you would like to be doing straight after school. Lastly, it does help to share these with your teachers, parents and/or friends and classmates. If you are comfortable to tell people about your goal it will help to make that goal feel more real. This will drive your accountability and ultimately motivate you to go about making your goal a reality!

Once you've finished, simply save and upload the document and move on to your next module.

Reasons to set goals

1. **It works**
2. **Focus**
3. **Motivation**



What do I want to do after school?

Option 1: _____ at _____

Option 2: _____ at _____

Option 3: _____ at _____



Do I need certain grades?

YES

NO

Scores: _____

Other Requirements:



Why am I working towards this goal?

How will this year help me achieve my goal?





What am I willing to give up to achieve my goal?

→

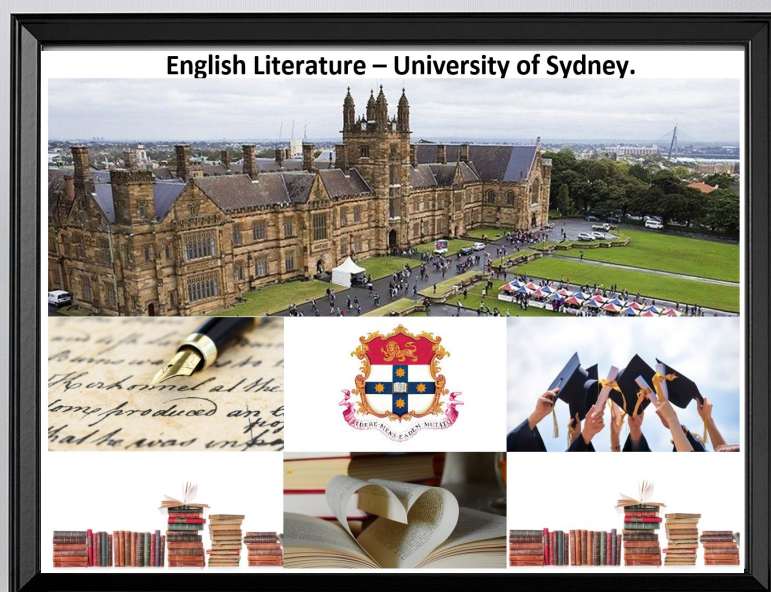
What is really important to me?

↓

What obstacles am I likely to face?

Problem	Solution
1.	<div></div>
2.	<div></div>
3.	<div></div>
4.	<div></div>
5.	<div></div>

Now that you have an idea of what you want to do, your presenter spoke about the importance of making that goal **visual**. Take some time to create an A4 sheet of paper filled with visual representations of your goal and find somewhere to stick it up on your wall. If you want to study Law in Queensland, think about the representations you could use here. We've provided a couple of examples below. Once you've completed this, feel free to include yours on the next page. Then, upload this document back onto your course and move on to your next module.





My Goals.